



Brayden Colbert
Brayden Kivisto

Tuesdays: 7-8AM Thursdays 12-1PM
Front doors of the RAC Building
Twice a week

At the heart of our club is the belief that running is more than just a sport—it's a way to connect, inspire, and achieve personal growth.

Weekly Training Sessions: Regular group runs and workouts to improve members' running.
Race Participation: Encourage club members to participate in local and regional races as a team.
Social and Community Events: Plan social gatherings and community service opportunities.

Improve members' running abilities and endurance.
Build a supportive community through group workouts.
Proof of concept to make way for a XC Team at LCCC